

What Does Summertime Mean to You?

For LDF, it's the feeling of sun against our skin, the first sweet bite of an acai bowl, and diving into cool water on a hot day. It's happy vacations on the horizons and boat days on Lake Mead. BBQs with friends and long summer nights sipping some favorite elixirs.

Summer is also a special time for us to focus on our giving efforts: donating to local and immediate causes, volunteering with friends and family, and spending time to be with loved ones.

In this newsletter, we have highlighted some local favored summertime spots, a snapshot on a local nonprofit doing impactful work, and some recipes to keep summer going all year long. Happy Summer!

"I've always loved the idea of summer and all things hot." -Olaf



Escape the Heat, Vegas



- AREA 15

Amuse your senses as you explore the trippy, neon, art experience at Meow Wolf, go on the immersive Lost Spirits distillery tour, grab drinks and bites under a glow-in-the-dark tree of beauty, or check out any of the other one-of-a-kind exhibits.

- Pinball Hall of Fame

Located just off the strip, the Pinball Hall of Fame is a 10,000 square foot building filled to the brim with pinball machines. Fun for any age.

- The Container Park

An open-air shopping center filled with unique shopping, gastropubs, gourmet grub, and live entertainment for all. There are regular events incorporating children's programming, live musical performances, and outdoor fitness classes.

LDF Partner Spotlight:

Lighthouse Charities and the Ukrainian Refugee Relief Program

Written in collaboration with Jessica Kibbie



WE LOVE Lighthouse! This non-profit flourishes under the guidance of the incredible CEO and Founder Cindy Trussel. They empower local refugees through comprehensive services so they can rebuild their lives, prosper and contribute to the vitality of our Las Vegas community.

In March of this year, Lighthouse Charities launched the Ukrainian Refugee Relief Efforts program. They have been on the ground spearheading Ukrainian refugee efforts in Nevada and working closely with partner agencies at the U.S. border. The focus of the Ukrainian Refugee Relief Efforts program is to provide immediate relief efforts for the families upon their arrival, including food, basic necessities, transportation and shelter. They are also working with locals to sponsor the families arriving to town.

The refugee families, a vast majority of whom are mothers traveling with their children, are allowed to cross the border into the United States with a "humanitarian parole" status. Thousands of refugees continue to make their way to the U.S. with several of those families arriving in Las Vegas through the support of Lighthouse Charities.

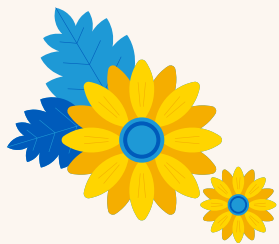
LDF is proudly sponsoring three Ukrainian families that have landed here in the community. We have been humbled by each family's love & commitment to each other. They are sincere and show a drive to be a good human, an eagerness to learn and improve upon their English, and become an engaged, productive member of the LV community.

Lighthouse Charities is in urgent need of the support to help address the needs of the current and soon-to-arrive Ukrainian families. Learn more by contacting them directly at (702) 405-8239 or at www.lighthousecharities.net.

We CAN be impactful. Let's lean into the future of our community and prosper, together.



Families supported by LDF



Yummy Summer Recipes

5-Minute Acai Bowl Recipe

(Vegan)



Ingredients:

- 1 (100g) packet unsweetened frozen acai
- ¼ to ½ cup non-dairy milk or yogurt
- 1 frozen banana

Instructions:

In a high-powered blender, combine the acai berry packet, frozen banana, and dairy-free milk of choice. Blend until completely smooth, adding more dairy-free milk if necessary. Pour into a bowl and top with your favorite toppings. Enjoy immediately!

Three Spirit Social Summer Cup

(Non-Alcoholic)



Ingredients:

- 2 fl oz Three Spirit Social Elixir
- 2 Barspoons fresh lemon juice
- 12 fl oz lemonade

Instructions:

Add Three Spirit Social Elixir and fresh lemon juice to an ice filled glass, top with lemonade and garnish with orange, cucumber and mint. Stir, drink, smile.

From playing to chillaxing, eating to drinking, soaking up rays to enjoying the shade, summertime holds so many special moments to be had and days to be celebrated. There are warm hugs to embrace (thank you Olaf) and oh those summer nights to cherish.

We would like to wish each of you happiness in the summer and a big happy to the following: Pride Month, Juneteenth, Summer Solstice, Father's Day, Independence Day, and Women's Equality Day.

Take it easy... catch you in a few months.

Good bye

